



# Joint Bladder & Bowel Clinic SELF-REFERRAL FORM

Please send completed form to the relevant clinic:

## Aberdeen City

Nurse-Led Bladder & Bowel Clinic

## Stonehaven

Nurse- Led Bladder & Bowel Clinic

## Inverurie

Nurse-Led Bladder & Bowel Clinic

## Peterhead

Nurse-Led Bladder & Bowel Clinic

## Please send your referral to

Bladder & Bowel Specialist Service

Staff Home

Inverurie Hospital

Upperboat Road

Inverurie

Aberdeenshire

AB51 3UL

Tel: 01467 672748

## Moray

## Please send your referral to

Nurse-Led Bladder & Bowel Clinic

Bladder & Bowel Specialist

Service

Room G4

Maryhill House

317 High Street

Elgin IV30 1AJ

01343 567700

## What Happens Next?

Once your form has been received by the Joint Bladder & Bowel Clinic you will be contacted to arrange an appointment that would be convenient for you.

## Will the information that I have provided be shared with anyone else?

Sometimes we may need to contact your GP if we require further information to help to help you. If you are seen by the Nurse or the Physiotherapist at the Joint Bladder & Bowel Clinic your GP will be informed.

It is important that you **complete this form as fully as possible**. Please check over the information you have provided. Please note we cannot take responsibility for any information that has been withheld.

**I agree** that the information that I have provided in this form is accurate and may be shared with my GP.

**I consent** to relevant medical information being released from my GP if required.

Signature\_\_\_\_\_

Date\_\_\_\_\_

### ***What should I do if my problem gets worse while I am waiting for an appointment?***

If you feel your problem is worsening and you have concerns about your problem then you should contact your GP

- or NHS24 - ☎ 111

Please note that if you have a bladder or bowel problem and have any bleeding from either your front or back passages then please see your GP first.